

Supplementary table 1. Quality Assessment using Adapted Newcastle-Ottawa Scale (NOS)

Study	S					C		E/O				Total	Quality
	1	2	3	4	SUM	1	SUM	1	2	3	SUM		
Jung (2023)	*	*	-	*	3	**	2	*	*	*	3	8	Good
Coster (2023)	*	*	*	*	4	*	1	*	-	*	2	7	Good
Oner (2018)	-	*	-	*	2	**	2	*	*	*	3	7	Fair
Cekic (2017)	-	-	*	-	1	*	1	*	-	*	2	4	Poor
Ngo (2013)	*	*	*	-	3	**	2	*	*	*	3	8	Good
Hazar (2021)	-	-	*	**	3	**	2	**	*		3	8	Good
Teberik (2019)	-	*	-	**	3	*	1	**	*		3	7	Good
Panon (2019)	-	*	-	**	3	**	2	**	*		3	8	Good
Baran (2019)	-	*	*	**	3	**	2	**	*		3	9	Good