Patients were recruited in the clinic and purpose of research explained to them.

On admission, patients filled the state trait anxiety inventory (1st time).

In the pre-op room the state trait anxiety inventory was filled (2nd time), earphones put in place although music was not played.

Patients wheeled into the theatre, surgery commenced and surgeon was blinded to the group of the subject.

Patient stays in pre-op room with earphones in place for 5mins after which the state trait anxiety inventory was filled again (3rd time).