
Appendix 1. Risk of Bias of All Included Studies

Studies	Selection of exposed and non-exposed cohorts drawn from the same population	Assessment of exposure	Outcome of interest was not present at start of study	Match variables, adjust analysis.	Assessment of the presence or absence of prognostic factors	Assessment of outcome	Follow-up of cohorts	Similar co-interventions	Study Quality
Jain M et al, 2022	1	1	1	1	1	1	1	2	Low risk
Cicineli MV et al, 2023	1	1	1	1	1	1	1	2	Low risk
Jing R et al, 2022	1	1	1	1	1	1	1	2	Low risk

1: Definitely yes; 2: Probably yes; 3: Probably No; 4: Definitely No