

Appendix 3. All responses and proportions for items of burden and satisfaction

Appendix 3. Satisfaction and Burden	
Q17: How satisfied are you with treatment (n = 127)	Proportions
[0] Very unsatisfied	1%
[1]	2%
[2]	1%
[3]	2%
[4]	6%
[5]	21%
[6] Very satisfied	68%
Q18: In your opinion, how effective is your treatment (n = 130)	Proportions
[0] Very ineffective	1%
[1]	2%
[2]	2%
[3]	11%
[4]	11%
[5]	22%
[6] Very effective	52%
Q19: What side effects do you experience (multiple selections allowed) (n = 140)	No. of patients
Eye pain or discomfort	62
Increased floaters after the first day	24
Increased sensitivity to light	31
Decreased vision beyond the first hour after an injection	27
I do not routinely experience side effects or after effects	36
Other (if other, please describe)	5
Patients with multiple (> 1) selections	36
Q20: How often do you experience side effects (n = 92)	Proportions
Rarely	17%
About half the time	15%
More than half the time	15%
Every time	52%
Q21: How bothered are you by the side effects (n = 94)	Proportions
[0] Not at all bothered	10%
[1]	18%
[2]	11%
[3]	20%
[4]	20%
[5]	12%
[6] Very bothered	10%

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Q22: Bothered enough to consider discontinuing (n = 92)	Proportions
Yes	7%
No	93%
Q23: Please rate pain or discomfort (n = 128)	Proportions
[0] Insignificant	17%
[1]	19%
[2]	16%
[3]	20%
[4]	16%
[5]	9%
[6] Very significant	4%
Q24: How long does your pain or discomfort last (n = 126)	Proportions
Do not experience	18%
<10 minutes	10%
10-60 minutes	11%
60-120 minutes	12%
2-4 hours	13%
4-8 hours	15%
8-24 hours	11%
24-48 hours	7%
>2 days	2%
Q25: What aspect causes most discomfort (n = 120)	Proportions
Numbing the eye before injection	5%
Use of instrument (the "speculum") to hold the eyelid open for injection	1%
Use of a brown antiseptic liquid (called "betadine") applied before injection	22%
Injection of medicine into the eye	17%
Washing eye after injection	5%
The feeling after the numbing medicine wears off	27%
I do not feel pain from treatment	24%
Other (please specify)	0%
Q26: How do you manage discomfort (n = 129)	Proportions
N/A	39%
Medication	17%
Inactivity/Rest	13%
Drops/gel	12%
Cold compress/Ice pack	5%
Endure pain/do nothing	5%
Visual rest	5%

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Eye wash	2%
Other (further specified)	2%
Q27: Need to use pain medication before or after treatment (n = 117)	Proportions
Yes	29%
No	71%
Q28: Are you restricted in activity after treatment (n = 115)	Proportions
Yes	38%
No	62%
Q29: How many hours are you restricted (n = 43)	Proportions
0-3 hours	5%
4-8 hours	53%
9-12 hours	5%
13-24 hours	28%
25-48 hours	2%
> 48 hours	2%
Other	2%
N/A	2%
Q30: Do you schedule your appointments at a specific time of day (n = 115)	Proportions
Yes	57%
No	43%
Q31: Anxiety before treatment (n = 118)	Proportions
[0] Very anxious	14%
[1]	5%
[2]	12%
[3]	18%
[4]	11%
[5]	11%
[6] Not at all anxious	30%
Q32: Anxiety during treatment (n = 116)	Proportions
[0] Very anxious	10%
[1]	8%
[2]	10%
[3]	11%
[4]	15%
[5]	19%
[6] Not at all anxious	27%
Q33: Anxiety after treatment (n = 117)	Proportions
[0] Very anxious	15%

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[1]	9%
[2]	7%
[3]	8%
[4]	14%
[5]	9%
[6] Not at all anxious	39%
Q34: Anxiety or sadness not related to treatment (n = 117)	Proportions
Yes	14%
No	86%
Q35: What causes anxiety (n = 113)	Proportions
N/A	65%
Fear of injection itself	11%
Fear of discomfort or pain	8%
Fear of losing sight	4%
Fear of side effects	1%
Fear of causing micromotion/accidents during procedure	2%
Fear of repeated nature of treatment	3%
Fear of side effects	1%
Cost of procedure	1%
Other anxiety or mood symptomology present	3%
Other (further specified)	1%
Uncertain	1%
Q36: What lessens anxiety (n = 111)	Proportions
N/A	65%
Anti-anxiety medication	6%
Completion of procedure	4%
Talking with physician or staff or having the procedure explained	4%
When pain/discomfort is treated with medications during procedure	3%
Skipping appointment or having it canceled	2%
Physician's skill or personal qualities	2%
Eyewash	1%
Music	2%
Nothing specific	3%
Other (further specified)	10%
Q37: What worsens anxiety (n = 109)	Proportions
N/A	69%
Delays with treatment or long wait times	6%
Additional procedures such as eye pressure tests or pupil dilation	2%
Seeing a different physician than usual	2%

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Unpleasant or incommunicative interaction with physician or staff	3%
Ineffective or delayed anesthesia	2%
Traffic	2%
Pain during or after procedure	3%
Other (further specified)	10%
Unknown	2%
Q38: How do you manage anxiety (n = 108)	Proportions
N/A	69%
Anxiety medication	7%
Deep breathing, intentional relaxation or self-soothing	7%
Endure the pain/do nothing	6%
Communicating concerns and questions with physician and staff	2%
Self distraction	2%
Music	2%
Prayer	2%
Inactivity/rest	1%
Other	2%
Q39: Required use of anti-anxiety medication for treatment (n = 116)	Proportions
Yes	8%
No	92%
Q40: Have you ever had the following complications (multiple selections allowed) (n = 118)	No. of patients
Infection in the eye	2
Bleeding from the eye	23
Retinal detachment	2
High pressure in the eye	7
Inflammation of the eye	18
None of the above	78
Patients with multiple (> 1) selections	9
Q41: How time-consuming is your treatment (n = 115)	Proportions
[0] Not at all time-consuming	17%
[1]	9%
[2]	17%
[3]	30%
[4]	15%
[5]	10%
[6] Very time-consuming	3%
Q42: How many hours do you typically spend per appointment (n = 117)	Proportions

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< 1 hour	20%
Between 1 and 3 hours	72%
Between 3 and 4 hours	6%
> 4 hours	3%
Q43: How many hours in total (from travel to recovery) per appointment (n = 117)	Proportions
< 1 hour	20%
Between 1-4 hours	68%
Between 5-8 hours	10%
> 8 hours	2%
Q44: Do you require someone to take you to your appointment (n = 118)	Proportions
Yes	64%
No	36%
Q45: How convenient is it for escort to bring to appointment (n = 71)	Proportions
[0] Not at all convenient	10%
[1]	4%
[2]	6%
[3]	14%
[4]	14%
[5]	18%
[6] Very convenient	34%
Q46: How many hours does your escort devote including to recovery (n = 66)	Proportions
N/A	5%
< 1 hour	0%
Between 1 and 4 hours	50%
Between 5 and 8 hours	20%
Between 8 and 24 hours (included "all day")	5%
As needed/the entire time	11%
The length of the drive only	5%
No additional time outside of normal companionship	2%
Other (further specified)	5%
Q47: Burdens associated with appointments in which both eyes are treated (multiple selections allowed) (n = 42)	No. of patients
More pain or discomfort	9
Longer recovery time	5
More anxiety	2
More inconvenience	6
No difference compared to injections in one eye only	25

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Other (please specify)	0
Patients with multiple (> 1) selections	3
Q48: Would you encourage someone else with an eye condition like yours to have this kind of treatment? (n = 117)	Proportions
Yes, I would definitely encourage them	85%
No, I would definitely not encourage them	1%
Uncertain	14%